



# BETSY LEHMAN CENTER

for Patient Safety and Medical Error Reduction



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for Patient Safety and Medical Error Reduction

Make a plan to keep your  
patients safe

Make a plan to keep your patients safe.



All healthcare providers want to deliver high quality care without causing harm.



# Medication Error!



But safeguarding patients doesn't happen automatically.



Creating a robust patient safety plan provides a systematic and effective way to reduce the risk of adverse events.



# PATIENT SAFETY PLAN

Creating a robust patient safety plan provides a systematic and effective way to reduce the risk of adverse events.



# PATIENT SAFETY NAVIGATOR

Plan Analyze Communicate Report About this Tool About Us

Medical errors and other patient safety events take place in health care settings across Massachusetts every day, despite best intentions.

This site will help providers of all types navigate state and federal requirements for reporting adverse events.

[READ MORE →](#)



**HOW TO PLAN**

Use the requirements to...



**HOW TO ANALYZE**

Develop a process to...



**HOW TO COMMUNICATE**

Inform patients and families...



**HOW TO REPORT**

Navigate state and federal...

That's why we created the Patient Safety Navigator.

reporting adverse events.

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### HOW TO PLAN

Use these resources to map strategies for preventing patient harm.

[LEARN MORE](#)



### HOW TO ANALYZE

Probe root causes to understand what went wrong and prevent recurrence.

[LEARN MORE](#)



### HOW TO COMMUNICATE

Inform patients and families – and support medical staff – after an error or unexpected outcome.

[LEARN MORE](#)



### HOW TO REPORT

Navigate state and federal patient safety reporting requirements.

[LEARN MORE](#)

Information for:

[Consumers](#)

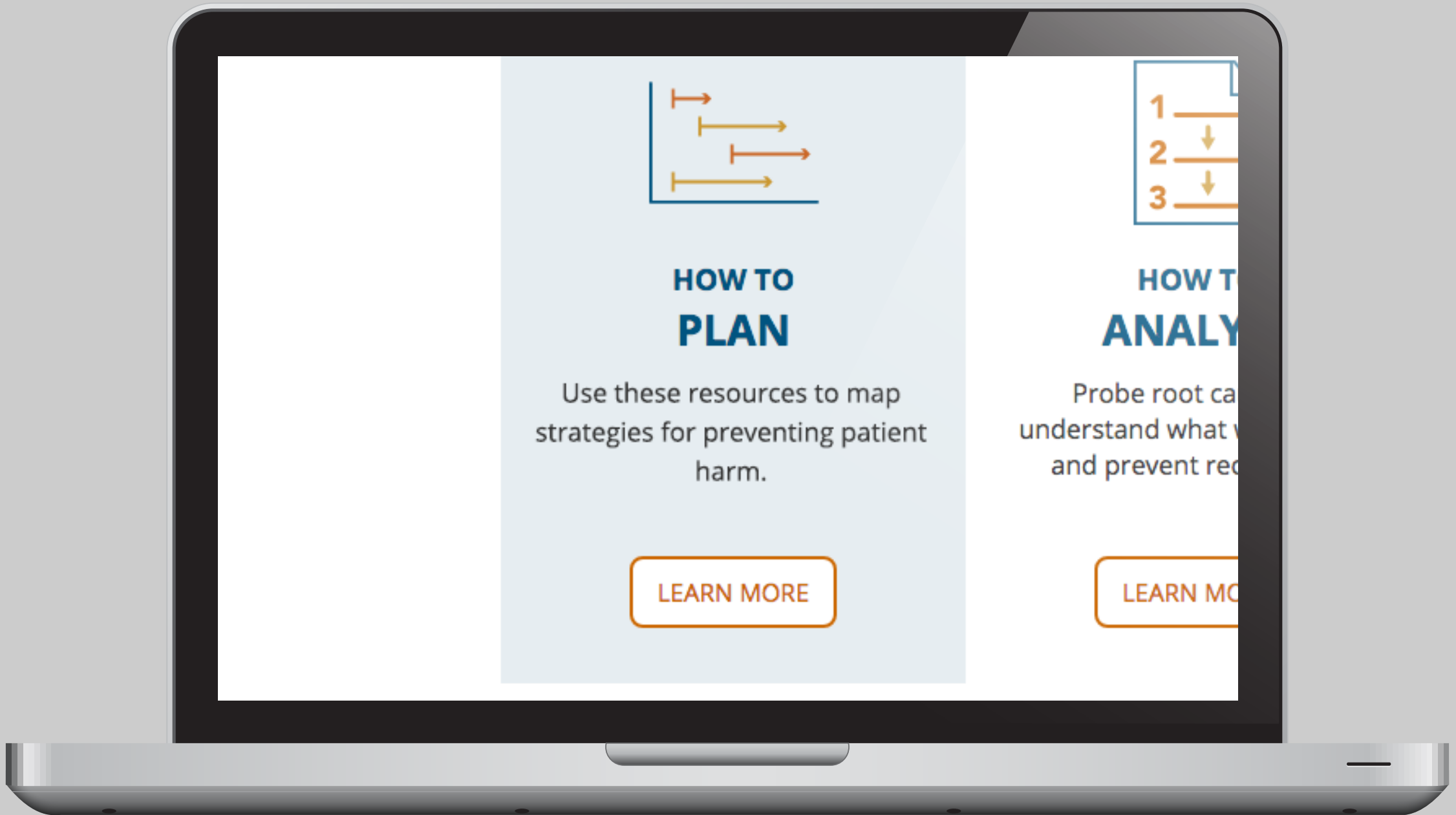


[Policymakers](#)



The Patient Safety Navigator's PLAN module will help you work through the essential elements of creating a safety plan, whether you are starting from scratch or building on something already in place.





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[Home](#) / [Plan](#)



## Why plan?

All providers want to deliver quality care to their patients without causing harm. A safety plan will help your organization – no matter how small or large – take an approach that is systematic and effective. Start by making a plan. Then revise it over time to fit your unique circumstances.

 Not sure where to start?

### PLAN THESE ESSENTIAL ELEMENTS



#### Coordination

Decide who will oversee safety activities and encourage all to participate.



#### Objectives

Set measurable goals and look for opportunities for

### CONTINUOUSLY IMPROVE



#### Training

Foster a shared understanding of best practices to keep patients safe.



#### Testing

Make small, evidence-based changes and observe the

A patient safety plan has many components. We've distilled them into nine key topics:

## PLAN THESE ESSENTIAL ELEMENTS



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Set measurable goals and look for opportunities for progress.



### Readiness

Prepare in advance how your team will respond to an adverse event.

## CONTINUOUSLY IMPROVE



### Training

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### Testing

Make small, evidence-based changes and observe the results.



### Tracking

Use data to monitor performance and identify effective changes.

## SEED YOUR SUCCESS



### Leadership

Demonstrate commitment to patient safety, starting from the top of the organization.



### Communication

Establish multiple ways for your team to share concerns and suggestions.



### Culture

Create a collaborative environment where the patients' needs come first.

A patient safety plan has many components. We've distilled them into nine key topics:

## PLAN THESE ESSENTIAL ELEMENTS



### **Coordination**

Decide who will oversee safety activities and encourage all to participate.



### **Objectives**

Set measureable goals and look for opportunities for progress.



### **Readiness**

Prepare in advance how your team will respond to an adverse event.

Essential elements of your plan include

## PLAN THESE ESSENTIAL ELEMENTS



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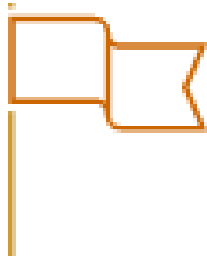
staff COORDINATION,

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### Readiness

Prepare in advance how your team will respond to an adverse event.



Prepare in advance how your team will respond to an adverse event.

and READINESS to respond to patient safety events.

## CONTINUOUSLY IMPROVE

all



### Training

Foster a shared understanding of best practices to keep patients safe.



### Testing

Make small, evidence-based changes and observe the results.



### Tracking

Use data to monitor performance and identify effective changes.

To continuously improve your safety systems,



## CONTINUOUSLY IMPROVE

all



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Use data to monitor performance and identify effective changes.

learn best practices for TRAINING staff,

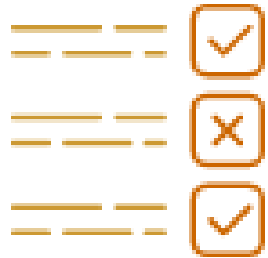
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all



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Use data to monitor performance and identify effective changes.

TESTING changes you make,

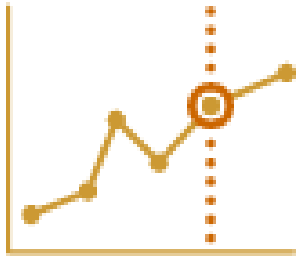
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all



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### Tracking

Use data to monitor performance and identify effective changes.



Use data to monitor performance and identify effective changes.

and TRACKING results to measure your progress.



### Objectives

Set measurable goals and look for opportunities for progress.



### Readiness

Prepare in advance how your team will respond to an adverse event.



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## SEED YOUR SUCCESS



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### Communication

Establish multiple ways for your team to share concerns and suggestions.



### Culture

Create a collaborative environment where the patients' needs come first.

The Patient Safety Navigator is provided by the [Betsy Lehman Center](#) for informational purposes. You cannot submit adverse event reports or other data through the Navigator. Your use of the Navigator will not be monitored, and no data will be collected beyond what is explicitly noted in the [Website Privacy Statement](#). Although the Betsy Lehman Center intends to maintain the Navigator's contents, we cannot guarantee that the information will be accurate, complete, or up-to-date at all times. You should be aware that regulations and reporting systems are subject to change without our knowledge or could be interpreted differently by the agencies that oversee them. By using the Navigator, you agree that you are solely responsible for determining any reporting obligations applicable to you or your organization. For further terms and conditions, see the [Terms of Use](#).

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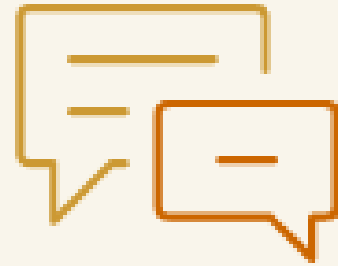
To seed your success, focus on key organizational elements, including



## Leadership

Demonstrate commitment to patient safety,  
starting from the top of the organization.

committed LEADERSHIP,



## Communication

Establish multiple ways for your team to share concerns and suggestions.

strong COMMUNICATION,



## Culture

Create a collaborative environment where the patients' needs come first.

and fostering a CULTURE that values patient safety.

## PLAN THESE ESSENTIAL ELEMENTS



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Decide who will oversee safety activities and encourage all to participate.



### Objectives

Set measurable goals and look for opportunities for progress.



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## CONTINUOUSLY IMPROVE



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### Testing

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The flexible design of the PLAN module lets you start on whatever topic is most relevant for you right now.



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### Communication

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### Culture

Create a collaborative environment where the patients' needs come first.

For example, the OBJECTIVES section helps you set meaningful, measurable goals.

# SET MEANINGFUL GOALS

## PLAN THESE ESSENTIAL ELEMENTS



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### Objectives

Set measurable goals and look for opportunities for progress.



### Readiness

Prepare in advance how your team will respond to an adverse event.

## CONTINUOUSLY IMPROVE



### Training

Foster a shared understanding and attention to keep patients safe.



### Testing

Make small, evidence-based changes to improve the results.



### Tracking

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## Objectives

*"Everyone is in favor of safety. What we really need is a set of concrete specific goals to move things along."*  
- Lucian Leape, MD, to the *Boston Globe*

### Set objectives that are specific and evidence-based

Don't wait for an adverse event before taking action to improve the safe delivery of care. Patient safety is a continuous process. Your plan will be more successful if it includes specific goals that everyone in the organization can work toward.

#### Look for opportunities to make your organization safer ^

- Examine systems, processes, and the environment and recognize potential safety issues. Think about what could go wrong and prevent it before it happens.
- Some ways to get started include:
  - Asking staff "What keeps you awake at night?" when it comes to the safety of patients and colleagues.
  - Share letters from patients and families with positive and negative comments about the care they received at your facility.



#### Helpful tools

- Use a [flowchart](#)
- Set [SMART](#) goals
- Examples of objectives:
  - [Top 10 Patient Safety Concerns](#)
  - [National Patient Safety Goals](#)
  - [Patient Safety Indicators](#)

You'll find tips and tools to help you recognize patient safety issues.

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  - Asking staff "What keeps you awake at night?" when it comes to the safety of patients and colleagues.
  - Share letters from patients and families with positive and negative comments about the care they received at your facility.
  - Reach out to patients and families while they are at your facility for an appointment. For example, if patients are given an ID bracelet at check in, the patient is a good source of information about whether or not your frontline providers are checking ID bracelets before administering tests or starting procedures.

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  - Have group conversations about what changes to your practices' way of doing things might prevent harm from happening.
  - Analyze the change possibilities and identify those you think are most likely to help.

# RECOGNIZE PATIENT SAFETY ISSUES

You'll find tips and tools to help you recognize patient safety issues.

Collect information about what is going wrong and why the problem is happening. Use a tool such as a [flowchart](#) to guide the process. This approach helps you to map out the steps involved in care and find potential areas of improvement.

### Set measurable goals ^

- Pick specific goals that allow you to track your progress.
  - For example, rather than “increase reporting of laboratory test results,” set a target – such as “over the next six months, 90% of laboratory test results will be shared with both the primary care provider and patient within 48 hours.”
  - See the tool for tips on creating [SMART goals](#).
- Base goals in part on previous performance.
  - For example, the target number of laboratory test results shared within 48 hours with the primary care provider and patient for the new year may be a certain percentage higher than the previous year.
- Look to professional organizations and other health care institutions for benchmarks.
  - For example, if you are a long-term care facility, use Medicare’s [Nursing Home Compare](#) tool to look at staff influenza vaccination rates for peer facilities and set a goal to move your staff’s compliance to the top of the list.

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# TRACK YOUR PROGRESS

Set specific goals that allow you to track your progress.



## Take advantage of expert guidance from organizations that specialize in patient safety ^

- Depending on your setting, you could start by looking at: medication management, latex exposure, blood glucose monitoring and testing, hand hygiene, communicating laboratory test results, patient identification, mental health, and so on.
- Review the examples of patient safety measures below as a starting point. Then determine appropriate objectives for your organization. Think about processes, equipment, communication, specific patient groups and diagnoses, and so on.
- As you review each example, make a list of the ones most appropriate to your practice:
  - [Top 10 Patient Safety Concerns for Healthcare Organizations](#) from ECRI: this report highlights new or changing areas to focus patient safety efforts.
  - [National Patient Safety Goals](#) from the Joint Commission: these goals are available for ambulatory care, behavioral health, home care, and hospitals in both easy-to-read summaries and detailed chapters.
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# TAKE ADVANTAGE OF EXPERT GUIDANCE

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## Objectives

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In each planning topic, you will also find tools and resources to help with many safety planning tasks.

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## PLAN THESE ESSENTIAL ELEMENTS



### Coordination

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### Objectives

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### Readiness

Prepare in advance how your team will respond to an adverse event.

## CONTINUOUSLY IMPROVE



### Training

Foster a shared understanding of best practices to keep patients safe.



### Testing

Make small, evidence-based changes and observe the results.



### Tracking

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## SEED YOUR SUCCESS



### Leadership

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### Communication

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### Culture

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Don't try to tackle everything at once. Start with a small change. Then test to see if it made the delivery of care a little safer.

# START WITH A SMALL CHANGE

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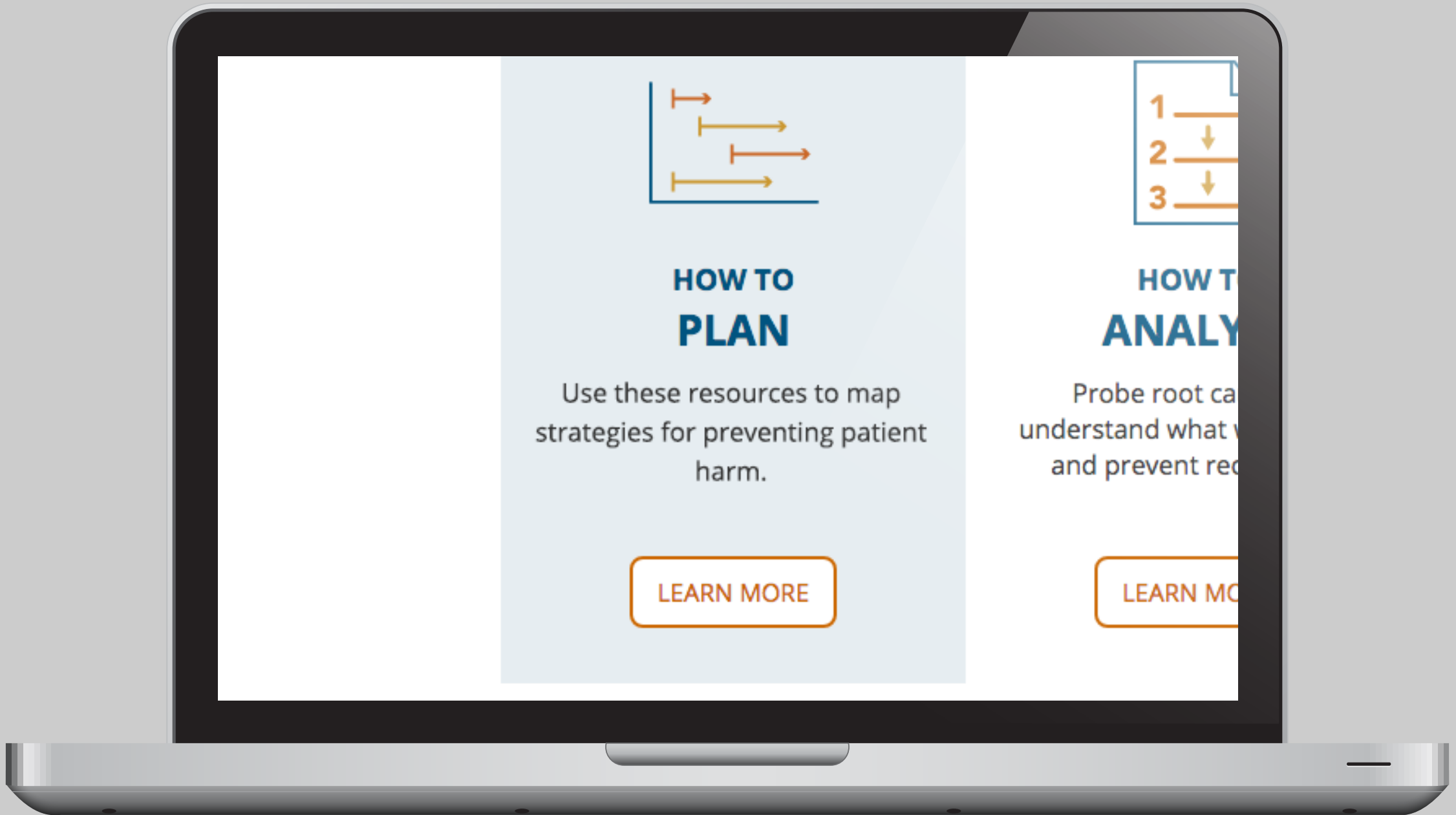
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reporting adverse events.

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# PATIENT SAFETY NAVIGATOR

- Plan
- Analyze
- Communicate
- Report
- About this Tool
- About Us

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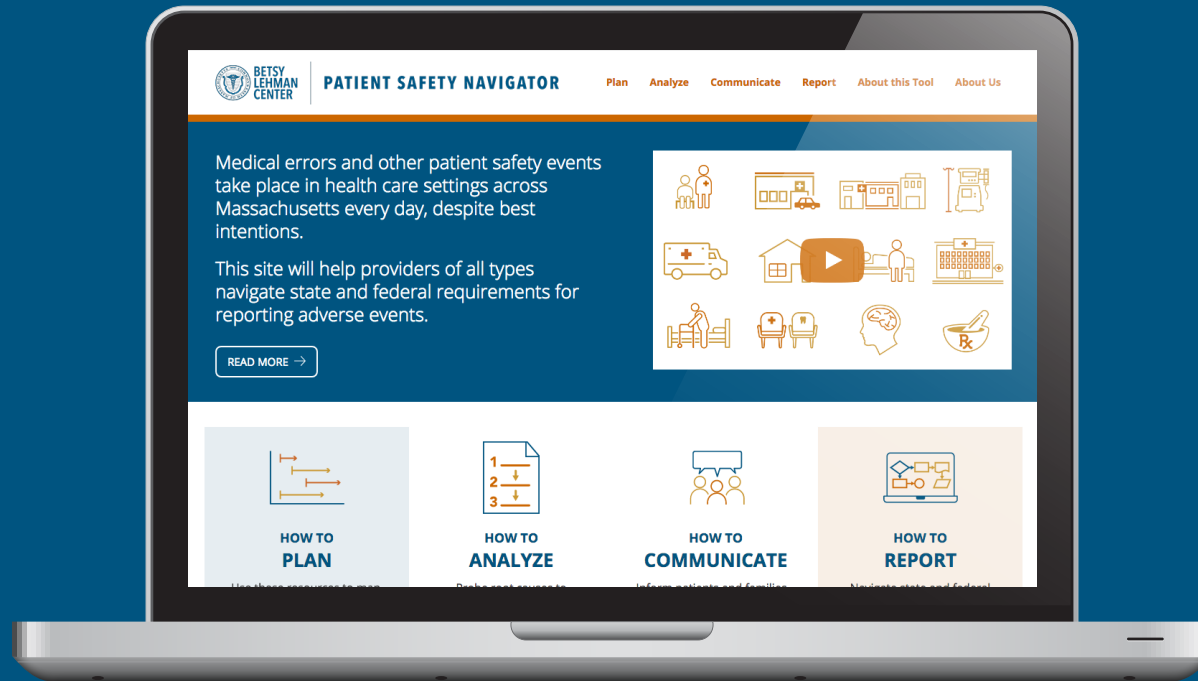
Inform patients and families...



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